

Burden Pond Preserve and Falls

This is a gem nestled in the heart of Troy. The falls here are stunning, and there are multiple spots where you can wade into the water and there are several side trails to explore. There are some inclines, but not difficult.

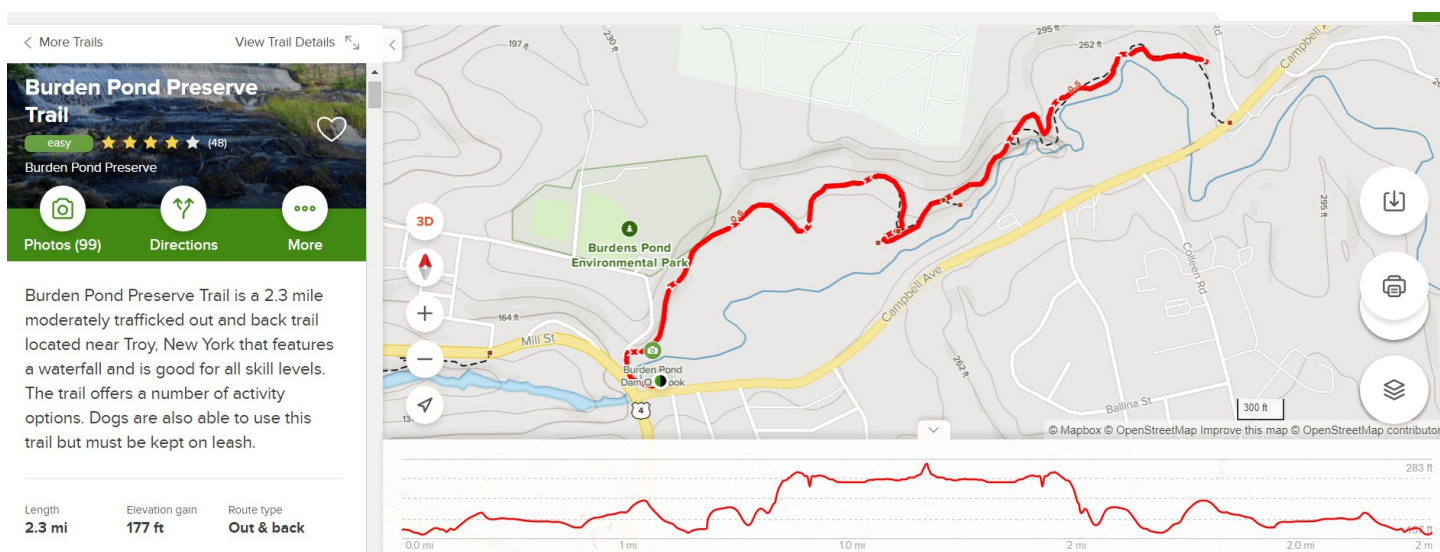
Option 1

Follow directions and trail from All Trails and Facebook page <https://www.facebook.com/BurdenPond/>:

Address: 17 Campbell Ave, Troy, NY 12180

You can enter down by the Campbell Avenue Laundromat.

Parking is available along the left side of the lot (there are boulders bordering this side). The entrance to the trails is on the opposite side of the dam from the parking lot and is marked by yellow trail markers. If you follow the guardrail around to the other side it will lead you to the opening!



Option 2

Follow directions from the Dig the falls website: <https://www.digthefalls.com/falls-burden-pond-troy/>

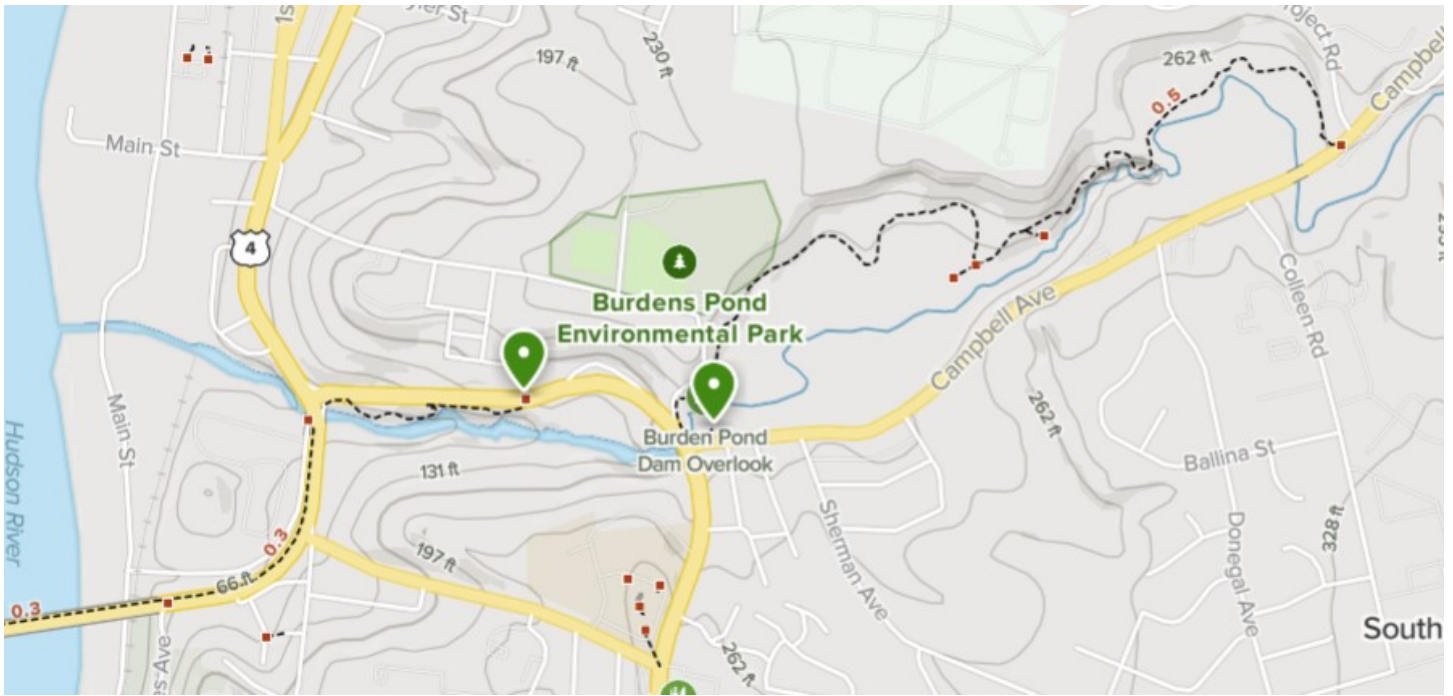
falls at Burden Pond is one of those hidden gems that continue to surprise, even after finding the first set of waterfalls on the creek. There are several very small drops in the creek between the three larger waterfalls on the Wynants Kill (creek) above the pond. All are accessible via trails located near the creek.

The safest way to start your hike to the falls is to park at the Burden Pond Environmental Park, which is located on Delaware Ave, a short distance east of the pond outlet as viewed from Route 4. From the parking area, there are several trailheads that lead down into the pond basin. All that is needed is to continue following the trails in a North West direction until eventually reaching the creek. From there all that is needed is to follow the creek.

There may be debris in the creek left from past storms, but this will not impede views of the falls. Along the trail, you will also catch old abandoned vehicles that have been in place long enough for trees and brush to have found homes in and on them! Take care to stay on the trails though, since this is all similar to wetlands which can trap a person in the mud if not careful.

Read about it in paperback!

Map below is from Google



Directions for both options

